



# Fraser Valley Highland Dancing Association 2023-2024 Season Information

Welcome to the FVHDA's 2023-2024 season! We are looking forward to another great season of dancing and welcoming new and returning members to our series of closed competitions. **Please note that registration will take place this season via online entry.** Be sure to visit the re-designed FVHDA website at [www.fvhda.org](http://www.fvhda.org) and follow us on Facebook ("Fraser Valley Highland Dancing Association") and/or Instagram ("officialfvhda") for the latest news and updates.

In this document, you will find the following information:

- Competition dates
- Venue information
- Volunteer commitment
- Membership options
- Schedule of dance events
- Dance fees
- Online registration info
- Competition Rules and Regulations
- Waivers and policies

If you have any questions, please contact the Competition Secretary via email at [comp.sec.fvhda@gmail.com](mailto:comp.sec.fvhda@gmail.com)

Happy dancing!

The FVHDA team

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## **Competition dates**

The FVHDA's season competitions will take place on the following dates:

- Saturday, November 25, 2023
- Saturday, January 27, 2024
- Saturday, March 16, 2024

## **Venue**

All competitions will be held in the Chief Sepass Theatre at Langley Fine Arts School.  
Address: 9096 Trattle Street, Fort Langley, BC

## **Volunteer commitment**

The FVHDA is a not-for-profit organization governed by a board of directors consisting of a team of dedicated parent volunteers. The FVHDA relies on its members to volunteer on competition days to assure a successful event for its dancers. For more details on the volunteer commitment, please see Appendix B.



## Fraser Valley Highland Dancing Association 2023-2024 Season Information

### Membership options

To participate in the FVHDA's closed competitions, dancers must be a member for the current season.

<b>Membership Type</b>	<b>Fee</b>
Standard/Family membership <i>(Volunteer commitment required)</i>	\$ 90.00
Primary membership <i>(All dancers in the family are in the Primary category. <b>No</b> volunteer commitment required)</i>	\$ 45.00
Single competition membership <i>(Select this option if you will <b>not</b> be participating in all 3 season competitions. Volunteer commitment required.)</i>	\$ 35.00/competition <i>(\$15.00/competition for Primary memberships)</i>
Volunteer opt-out fee <i>(Applies if you choose to forgo the volunteer commitment)</i>	Add \$100.00

### Schedule of dance events

Please refer to Appendix A for the dance events that are planned for each competition. Families are encouraged to consult with their teacher prior to entry to determine which events their dancer(s) will be ready to compete in. Kindly notify the Competition Secretary before the entry close date if you would like to add dances to your entry or if your dancer has changed categories.

### Dance fees

Dancers have the option of (1) season package entry, or (2) individual dance event entry.

<b>Option 1 - Season package entry</b>	
Primary season package <i>Best value if dancer is entering in all dance events at all 3 competitions</i>	\$ 55.00
Beginner/Novice/Intermediate season package <i>Best value if dancer is entering in all dance events at all 3 competitions</i>	\$ 90.00
Premier season package <i>Best value if dancer is entering in all dance events at all 3 competitions</i>	\$ 115.00
<b>Option 2 - Individual dance event entry</b> <i>(Select events on entry form that dancer will be competing in)</i>	
Primary	\$ 5/dance
Beginner/Novice/Intermediate	\$ 7/dance
Premier	\$ 9/dance
<b>Other fees</b>	
SDCCS fee	\$ 1/competition/dancer
SDBC fee	\$ 1/competition/dancer
Late entry fee	\$ 10.00/entry
Door admission <i>(payable at door only)</i>	\$ 5/person <i>(12 years &amp; over only)</i>
Program <i>(payable at door only)</i>	\$ 2/ea

### Online registration info

**Entries open on Sunday, October 1, 2023 at 6pm PDT.** Entries for the full season close on November 8, 2023 at 11:59PM PDT. Please refer to Appendix A for the entry close date for the January and March competitions. Follow these steps to enter online:

STEP #1: Visit <https://www.fvhda.org/upcoming-events/>

STEP #2: Follow the link to complete and submit the 2023-2024 FVHDA Membership Form

STEP #3: Follow the link to complete and submit an entry to the 2023-2024 Season Competitions



# Fraser Valley Highland Dancing Association 2023-2024 Season Information

## **Competition rules and regulations**

1. All dancing events are governed by the rules and regulations of the Royal Scottish Official Board of Highland Dancing (RSOBHD) and ScotDance Canada.
2. This event may be cancelled at any time up to and including on, or during, the date of competition dependent on public health concerns.
3. The decision of the judge(s) is final.
4. Dancers will compete in inverse order of entry. First to enter is last to dance.
5. Age is as of 12:01am on competition date.
6. Only online entries will be accepted.
7. Entry fee payments are to be made by debit or credit card upon receipt of invoice.
8. Late entries will be accepted at the Organizer's discretion with an applicable fee.
9. Entry fees are non-refundable.
10. Dancers must be registered with the RSOBHD or RSOBHD subsidiary body (such as ScotDance Canada) in order to compete. All competitors must present current RSOBHD registration card prior to receiving awards.
11. Protests must be made in writing, signed and submitted to the Organizer by the end of the competition day and must be accompanied by a \$35.00 fee, refundable, if sustained.
12. The Organizer reserves the right to combine or split classes.
13. No category changes will be accepted on the day of competition.
14. Competitors must be on hand when their event is called or forfeit entry in that dance.
15. All competitors must remain in costume for award presentations.
16. Dancers must be dressed appropriately at all times.
17. Dancers and parents must respect the ScotDance Canada Risk Management Guidelines; local, Provincial and Federal health authority directives, and RSOBHD Code of Ethics.
18. Dancers must fill in for the Reel when asked and must dance the entire dance.
19. Special Fling does not count towards the aggregate. It is a standard 4-step Fling that is awarded a special prize.
20. Medals will be awarded to pre-Premier dancers. Cash prizes will be awarded to Premier dancers. A special prize will be awarded for the Special Fling.

## **Waivers and policies**

Appendix C: ScotDance Canada Assumption of Risk and Waiver of Liability

Appendix D: RSOBHD Code of Ethics

Please visit <https://scotdance.ca/about/> for ScotDance Canada policies.



# Fraser Valley Highland Dancing Association 2023-2024 Season Information

## APPENDIX A: Schedule of Dance Events

	<b>Option 1:</b> Season package entry	<b>Option 2:</b> Individual dance event entry	<b>November 25, 2023</b> C-BC-CO 231020  Entries close: Wed/Nov 8 <sup>th</sup>	<b>January 27, 2024</b>  Entries close: Fri/Jan 12 <sup>th</sup>	<b>March 16, 2024</b>  Entries close: Fri/Mar 1 <sup>st</sup>
<b>Primary</b>	Primary Season Package (\$55)  <i>(Dancer will be entered into all dances on all dates)</i>	\$5/dance	Pas de Basque	Pas de Basque	Pas de Basque
			Pas de Basque & High Cuts	Pas de Basque & High Cuts	Pas de Basque & High Cuts
			Highland Fling	Highland Fling	Highland Fling
			Sword	Sword	Sword
<b>Beginner</b>	Beginner Season Package (\$90)  <i>(Dancer will be entered into all dances on all dates)</i>	\$7/dance	Highland Fling (4)	Highland Fling (4)	Highland Fling (4)
			Sword (2+1)	Sword (2+1)	Sword (2+1)
			Seann Triubhas (4)	Seann Triubhas (4)	Seann Triubhas (4)
			Special Fling (4)	Lilt (4)	Strathspey & Highland Reel
			Lilt (4)	Flora (4)	
<b>Novice</b>	Novice Season Package (\$90)  <i>(Dancer will be entered into all dances on all dates)</i>	\$7/dance	Highland Fling (4)	Highland Fling (4)	Highland Fling (4)
			Sword (2+1)	Sword (2+1)	Sword (2+1)
			Seann Triubhas (4)	Seann Triubhas (4)	Seann Triubhas (4)
			Lilt (4)	Lilt (4)	Strathspey & Highland Reel
			Flora (4)	Flora (4)	
<b>Intermediate</b>	Intermediate Season Package (\$90)  <i>(Dancer will be entered into all dances on all dates)</i>	\$7/dance	Highland Fling (4)	Highland Fling (4)	Highland Fling (4)
			Sword (2+1)	Sword (2+1)	Sword (2+1)
			Seann Triubhas (4)	Seann Triubhas (4)	Seann Triubhas (4)
			Lilt (4)	Highland Laddie (4)	Half Tulloch
			Flora (4)	Hornpipe (4)	
<b>Premier*</b>	Premier Season Package (\$115)  <i>(Dancer will be entered into all dances on all dates)</i>	\$9/dance	Highland Fling (4)	Highland Fling (4)	Highland Fling (6)^
			Seann Triubhas (4)	Sword (2+1)	Sword (3+1)^
			Half Tulloch (4)	Seann Triubhas (4)	Seann Triubhas (4+2)^
			Lilt (4)	Highland Laddie (4)	Reel of Tulloch
			Earl of Errol (4)	Hornpipe (4)	++

++ Possible demonstration of Tribute to J.L. Mackenzie  
 ^ Short Steps for Premier dancers under 12 years of age  
 \* Cash Prizes for all Premier dancers



# Fraser Valley Highland Dancing Association 2023-2024 Season Information

## **APPENDIX B: Volunteer Commitment**

The FVHDA is a volunteer organization that requires the help of each member for the competitions to run smoothly. Please see below for important details regarding members' volunteer commitment.

- For Standard/Family memberships, a minimum of 3 volunteer hours per dancer, to a maximum of 6 hours per family, is required per season regardless of the age or level of the dancer.
- For Single Competition memberships, the volunteer commitment is pro-rated to 1 hour per competition.
- For Primary memberships there is no volunteering requirement.
- It is the member's responsibility to make sure their volunteer commitment is fulfilled. Any person aged 16 years or older may fulfil the commitment on behalf of the member.
- Members may opt out of volunteering by paying a \$100 fee.
- Members can specify their preferred volunteer dates, times, and tasks on the membership form. The Volunteer Coordinator will make every effort to accommodate them.
- The Volunteer Coordinator will contact members approximately 2 weeks before the competition to confirm their volunteer assignment.
- Volunteers will be required to sign an acknowledgment of the ScotDance Canada [Child and Youth Abuse Prevention Program](#).
- An overview of the volunteer tasks can be found in the section below.
- If members need to cancel their volunteer shift, they must email the Volunteer Coordinator at [volunteer.fvhda@gmail.com](mailto:volunteer.fvhda@gmail.com).

### **Volunteer Tasks**

**Door** - collect payment for door entry and programs.

**Numbers** – check in dancers and distribute numbers.

**Line-up/Marshalling** – arrange dancers in correct order backstage and assist them to the platform.

**Platform signs** – update stage signs during the competition to identify which dance events are in process.

**Awards** – distribute medals/awards on stage.

**Runner** – shuttle the judges' scoring sheets backstage to the scoring volunteers.

**Scoring/Scrutineering** – enter judges' scores into the Scrutineer scoring computer program.

Questions? Email [volunteer.fvhda@gmail.com](mailto:volunteer.fvhda@gmail.com)



## Fraser Valley Highland Dancing Association 2023-2024 Season Information

### **APPENDIX C: ScotDance Canada Assumption of Risk and Waiver of Liability**



#### ***Assumption of Risk and Waiver of Liability Relating to Participation in a ScotDance Canada Sanctioned Event (competition/workshop), including Covid-19/other contagions of concern as identified by the World Health Organization/local/provincial/federal government authorities.***

*This waiver and declaration must be completed by the Organizer of the sanctioned event and provided either by email, via online participant registration or at the event. Participants are required to acknowledge (participant definition meaning dancer of legal age/parent/guardian/volunteer/professional, judge, piper).*

*The Fraser Valley Highland Dancing Association (FVHDA) and its members commit themselves to comply with the requirements and recommendations of National, Provincial and local Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, **the FVHDA** cannot guarantee that you (or your child, if participant is a minor/ or the person you are the legal guardian of) will not become infected with COVID-19/other contagions. Further, attending the Event could increase your (or your child, if participant is a minor/ or the person you are the legal guardian of) risk of contracting COVID-19/other contagions, despite all preventative measures put in place.*

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#### ***By signing this document,***

*I declare that I (or my child, if participant is a minor/ or the person I am the legal guardian of) am participating voluntarily in **the FVHDA 2023-2024 season competitions.***

*I am aware that participating in the **FVHDA 2023-2024 season competitions** (the "Event") involves the potential for risks, dangers and hazards, including but not limited to:*

- (a) Covid 19/other contagions; and,*
- (b) injury to myself / my child as a result of the physical nature of dance competition/workshop and performance; and*
- (c) the taking and/or release of unauthorized photographs, video and/or other recordings of myself and/or my child, notwithstanding efforts to enforce Event policies.*

*I declare that neither I (or my child, if participant is a minor/ or the person I am the legal guardian of) nor anyone in my household, have experienced in the last 48 hours prior to the date of **the FVHDA 2023-2024 season competitions**, Covid-19/other contagions symptoms (as identified by public health authorities).*

*I declare that neither I (or my child, if participant is a minor/or the person I am the legal guardian of) have tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials (awaiting results); have been in close contact with a person who, to my knowledge, had symptoms of COVID-19/other contagions or has tested positive for COVID-19/other contagions, and have not yet been cleared to discontinue isolation in accordance with applicable criteria communicated by public health officials; or am currently subject to a quarantine or self-isolation order for any reason, including travel.*



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*I (or my child, if participant is a minor/or the person I am the legal guardian of) declare that I have not been required to self-isolate under timelines set out by public health authorities (except for essential school or work activities).*

*If I (or my child, if participant is a minor/ or the person I am the legal guardian of) experience, or if anyone in my household experiences any Covid 19/other contagions symptoms after submitting this declaration, I (or my child, if guardian of) will not attend any of **the FVHDA** programs or services until no longer required to self-isolate or for 48 hours after symptoms resolve or as directed by public health authorities.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree to the requirements and recommendations of National, Provincial and local Public health and other governmental authorities and to those special safety regulations put in place by **the FVHDA** as it pertains the Covid-19/other contagions and to adopt all necessary measures to those effects.*

*I (or my child, if participant is a minor/ or the person I am the legal guardian of) agree that, by filling out and signing this waiver and agreeing to the terms and conditions set out in it, I am giving up my legal rights to sue **the FVHDA** and its officers and directors, in the event that I (or my child, if participant is a minor/ or the person I am the legal guardian of), contracts Covid-19/other contagions.*

*This document will remain in effect until **the FVHDA** as per the direction of the National, Provincial and local Public health and other governmental authorities, determines that the aforesaid acknowledgments pertaining to Covid 19/other contagions in this declaration are no longer required.*

*In consideration of my / my child's participation in the Event and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, **I hereby WAIVE ANY AND ALL CLAIMS** against ScotDance Canada, its directors, agents, employees, executive members, volunteers and organizers of the Event (the "Releasees"), which I now have, or hereafter may have against the Releasees. In particular, but without limiting the foregoing, **I agree to release the Releasees from ANY AND ALL LIABILITY** for any loss, damage, injury, or expense I / my child may incur as a result of my / my child's participation in or attendance at the Event. **I agree to indemnify and hold harmless the Releasees from ANY LOSS, DAMAGE, INJURY OR EXPENSE, including legal costs**, that the Releasees may incur due to my / my child's participation in or attendance at the Event, whether caused by the negligence of the Releasees or otherwise, and whether caused to my child or otherwise. I understand that the Releasees will photograph and otherwise record the Event, its participants and attendees. **I consent to and authorize such recording. I further consent to and authorize** the Releasees to publish my/my child's image, likeness and information in any medium, including but not limited to photographs, videos, DVDs, and web-casts. I understand that this publication will take place in the public domain, including in printed materials, public announcements, and on the internet. **I specifically consent to the public release of the following information:** 1. Name; 2. City, Province, Country of Residence; 3. Tartan; 4. Age; 5. Results.*

*This document is in addition to and does not replace all other **FVHDA** waivers.*

*I acknowledge that by signing and submitting this entry, electronically or otherwise, that I have read this agreement carefully and fully understand it, and agree to all of the above terms and conditions.*

*Signature required if in person, otherwise acknowledge by email or via online entry form.*





# Fraser Valley Highland Dancing Association 2023-2024 Season Information

## **APPENDIX D: RSOBHD Code of Ethics**

### **R.S.O.B.H.D. Code of Ethics**

In this Code “Participant” means any organisation, body, association or individual with full or associate membership of the Board; any individual who is a member of an organisation, body, or association with full or associate membership of the Board; any individual who is registered with the Board; any person directly connected to a body or individual who is registered with the Board.

This includes Judges, Teachers, Organisers, Parents, Dancers & all parties connected with dancers.

### **General Behaviour**

1. Participants will display honesty, fairness and equality of opportunity in all relationships in association with Highland Dancing, this includes but is not limited to social network communication, e.g. Facebook
2. Participants will make themselves aware of Social Media guidance provided by RSOBHD
3. Participants will not engage in behaviour which undermines the status and esteem of Highland Dancing.
4. Participants will recognise the authority of judges and other officials and treat them with courtesy and respect.
5. Participants will treat all other participants with courtesy and respect, whether successful in competition or not.
6. Participants will not discriminate between other participants on the grounds of sex, ethnic background, religion or ability.
7. Participants will respect the competence of teachers and judges and will not engage in public criticism; nor will participants be exposed to adverse public criticism. This includes but is not limited to verbal, textual or social networking communication.
8. Participants will not compromise the integrity of any competition result by seeking to influence any judge’s decision.
9. Participants will not actively persuade dancers to change teacher nor will participants seek to influence other participant’s choice of teacher.
10. Participants are responsible to maintain trophies and return them in the same conditions as received.
11. Participants will dress appropriately and modestly when in public at competitions.
12. Participants are reminded that when adding any photos to social media with dancers/children in them, that they have parental permission to do so.

### **Child protection/Well-being of Dancers**

All participants will seek to ensure the health & well-being of the dancer at all times. In particular, the RSOBHD recommends that the teacher will comply with the disclosure requirements as applicable in the country/countries in which they are teaching and will provide planned programmes of preparation and competition for dancers; Organisers will have a child protection policy, adhere to national child protection policy, provide a safe environment, and suitable programming of events to ensure sufficient recovery time for the dancers.

### **Teachers/Judges**

Teachers/judges must be suitably qualified, and will have a responsibility to maintain their qualification and expertise. Teachers/judges must behave in a professional manner at all times and will not compromise dancers by advocating an unfair advantage.

### **Legislation**

Participants who do not adhere to the above will be subject to a penalty decided by the Board.